



In the Kitchen Creations By Anita Singh

Chicken Curry with Sesame and Coconut powder

INGREDIENTS

- 2 lbs chicken with bones
- 1 medium sized onion, diced
- 1 big tomato diced
- 1 tbsp tomato paste
- 4 tbsp coconut powder
- 5 tbsp sesame seeds powder (roast lightly and then grind in coffee grinder)
- 3 to 4 green chillies slit into 2
- 1 tbsp ginger garlic paste
- 1 cup yogurt
- Salt to taste
- 1 tsp red chilli powder
- ½ tsp turmeric powder
- 1 tsp cumin powder
- 1 tsp coriander powder
- 1 tsp garam masala powder
- 1 bay leaf
- 1 cinnamon stick

• Chopped coriander for garnish
Marinate the chicken with the following ingredients and set aside for ½ hr to 1 hr.

- Yogurt
- Ginger garlic paste
- Salt
- Chilli powder
- Coriander powder
- Sesame seeds powder
- Coconut powder
- Green chillies
- Garam masala

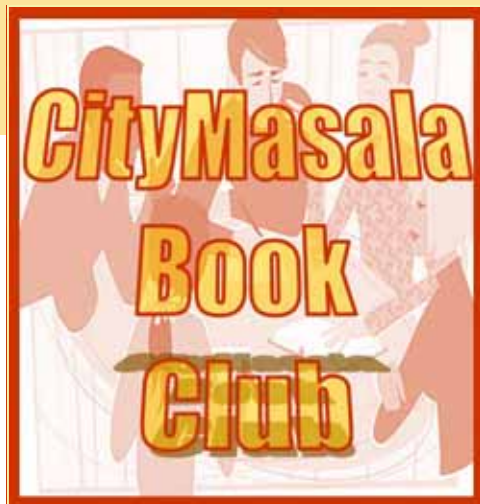
METHOD

1. Heat oil in a heavy bottom saucepan. Fry cinnamon and bay leaf briefly till aromatic. Add the onions and fry till rich golden brown, add little salt and ¼ tsp ginger garlic paste and sauté for a few more minutes.
2. Add the marinated chicken and cook for a few minutes till the chicken is half done.



3. Add diced tomatoes and tomato paste and mix well and cook for a few more minutes, if the water evaporates, add some water and cook on medium heat.
4. Now check for seasoning and add just the salt and chilli powder
5. Garnish with chopped coriander.

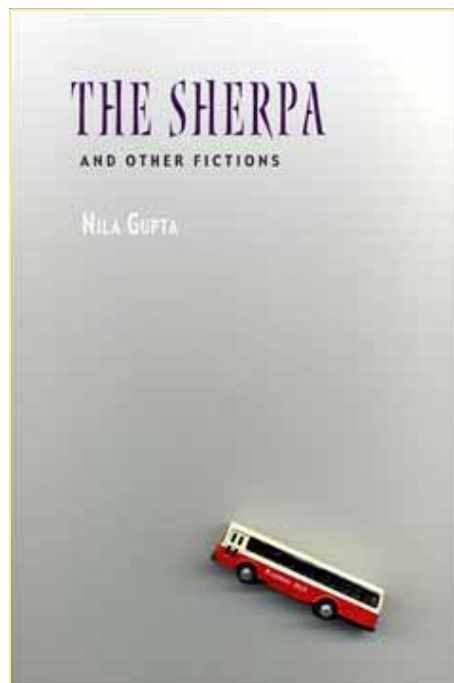
To submit your recipe along with original picture, write to info@citymasala.com.



CityMasala Book Club

BOOK REVIEW By: Sheniz Janmohamed

The Sherpa and Other Fictions By: Nila Gupta



Nila Gupta's debut book, *The Sherpa and Other Fictions*, is a vibrant collection of stories interwoven with incredible detail. One of the most challenging elements of writing a short story is creating a plot that is viable and intriguing while maintaining believable characters. Gupta manages to do so with stunning accuracy and charming insight. The humor is understated and has a tinge of irony, creating an underlying gravity and urgency that is hard to ignore.

One of the strongest stories in *The Sherpa and Other Fictions* is "Honeymoon in Kashmir". Mandir, the protagonist, is a character you hate to love. A lonely sari seller, he fantasizes about his young female customers, "He waited for the moment he knew would come, knowing her well, when she put the cloth to her cheek as if it were the face of a lover. And when she draped the

pallu end of a sari over her head and across her chest, stroking her breasts in the process, he held his breath, closed his eyes and tried to

memorize the movement of her hands over her body and his silk."

The first tale and the final tale are opposite sides of the same coin, stringing through the leitmotif in this nuanced text. The first story is entitled, "The Sherpa", and begins with a young woman and her cousin traveling on a bus with her uncle. Her Uncle, Makhhan Chand, spots a Sherpa woman, "The Sherpa outside our window is a bent old woman wearing trousers, walking slowly uphill, carrying a load of thick branches on her head. Her face is a deeply lined walnut, her eyes slit to the searing afternoon sun, the blowing sand, the black exhaust clouds that puff out the backsides of tin buses." The final story in the collection is aptly titled "The Tin Bus".

Gupta is able to enter the mind of her characters and write in their thoughts, adapting the tone of her narrative voice with that of her characters.

The reader enters each story as if it were a new novel. Gupta effortlessly takes background characters in one story and makes them central characters in another story. *The Sherpa and Other Fictions* is a triumph of a collection, and makes for excellent summer reading!

Buy this book online: www.amazon.com.